

## Lesson 8 • April 19, 2026

**SUBJECT:** A Sound Mind

**BIBLE BASIS:** Luke 8:26-36

**BIBLE TRUTH:** Jesus healed a man who was demon possessed and told him to share his experience with others.

**MEMORY VERSE:** Then they went out to see what was done; and came to Jesus, and found the man, out of whom the devils were departed, sitting at the feet of Jesus, clothed, and in his right mind: and they were afraid. (Luke 8:35)

**LESSON AIM:** By the end of the lesson, we will: **KNOW** the details of Jesus' healing the Gerasene man from his demons; **EMPATHIZE** with those who have great troubles and to remember their times of trial; and **STATE**, support, or work in a church counseling program.

**BACKGROUND SCRIPTURE:** Luke 8:26-39; Philippians 2: 1-11—Read and incorporate the insights gained from the Background Scriptures in your study of the lesson.